PORK LOIN WITH LEMON AND SAGE

RECIPE BY GORDON RAMSAY



INGREDIENTS:

- 1 (4-5 lb.) pork loin
- 2 Cups fresh sage
- 1 Cup fresh parsley
- 3 Tablespoons lemon zest
- 4 garlic cloves, sliced
- Sea salt
- Black pepper
- Olive oil

DIRECTIONS:

- 1. Preheat oven to highest setting, about 500.
- 2. Place a lightly greased, foil-lined baking tray in the oven.
- 3. With a sharp knife, score the skin of the pork loin in a criss-cross pattern. Turn it around so that the flesh side is facing upwards and cut a slit along the side of the loin, without cutting all the way through, to open it out like a butterfly. Cover the flesh with the lemon zest, sage and parsley leaves, than scatter over the garlic. Season generously with salt and pepper and drizzle over with a little olive oil.
- 4. Roll up the loin and secure tightly with kitchen string in 3-4cm intervals. Rub the scored skin with a large pinch of salt, drizzle with a little olive oil and

- sprinkle with another pinch of salt. Carefully place the pork on the hot baking tray and roast for 15-20 minutes until the skin is golden and starting to crisp.
- 5. Turn down the oven to 350 and roast for approximately 25 minutes per pound until the pork is cooked through and tender. Rest for 10-15 minutes before carving.

Serves 6-8